Breakaway

Enfield’s Short Breaks
Magazine for disabled children and young people and their families

March 2013

www.enfield.gov.uk
I am delighted to welcome you to the first issue of *Breakaway*, the magazine that gives families information on what is available for disabled children and young people in Enfield. The magazine name was decided upon by our Young People’s Consultation Forum, and we hope that you like it as much as we do!

There is always a lot going on with short breaks in Enfield, and this is why the Joint Service for Disabled Children decided to produce this magazine. It will be produced twice a year, and will work alongside our new website (coming soon!) to give families the information they need.

Thanks to our parents, young people and partners for their article contributions, and to our editorial team, Shaun, Caroline and Ineta.

If there is anything that you would like to see in future magazines, do let us know by sending us an email (contact details are on the back page).

All the best,

Janet Leach
Head of Joint Service for Disabled Children
What is a Short Break?

Disabled children and their families have the same rights as others, including the right to the same quality of life as those who do not live with a disability. All families are different, requiring different levels of support and different types of short breaks based on the age and needs of their child. Research demonstrates that short breaks are a priority for families with disabled children, to be delivered as part of a package of family support services.

Short breaks allow disabled children and young people to enjoy experiences away from their primary carers — contributing to their personal and social development and reducing social isolation — whilst also offering families a necessary and valuable break from their caring responsibilities. Research shows that a break from caring is one of the most frequently reported needs amongst families with a disabled child, with parents stating that this enabled them to pursue activities as a whole family, and also helped them to dedicate time to their other children.

Short breaks in Enfield may include playschemes, out of school clubs, holiday activities, home care, home sitting, day trips, or even adventure holidays where children and young people can climb, canoe and abseil.

How to access Enfield Short Breaks

Some of the short breaks that are included within Breakaway are provided by Enfield Council, and some are funded by the Council and provided by organisations it has a partnership with. Some services can be accessed as part of the Local Offer (see below), others may be accessed via assessment by a specialist panel, and still others can be used with Direct Payments.

Contact information for more information on each short break, and other short breaks that you may be able to access, are shown within the magazine.

Short Breaks Eligibility

Children and young people are eligible for support and services if they have a physical or mental impairment which has a substantial and long-term effect on their ability to carry out day-to-day activities. This may include a physical or learning disability, or a hearing or visual impairment. It includes children with autism or Asperger’s Syndrome, and children who may have challenging behaviour as a result of their learning disability. It also includes children who have complex health needs and who may have a palliative, life-limiting or life-threatening condition.

The Local Offer

For a number of years, Enfield has provided the 'Local Offer', a range of short breaks for children with a disability. It is not necessary for a child or young person to have a social care assessment to access the Local Offer. Local Offer activities include holiday playschemes, holiday activities, out of school clubs, home sitting, and opportunities to meet other parents with children of a similar age. Families requiring a more extensive service than the Local Offer provides are assessed for additional specialist support and extra short breaks, which may require input from Social Care and Health.
“When’s our next night out?” my husband asked me. “Next week”, I said. And last night we went out and had a quick meal, and then went to see Skyfall, which was great. We go out one evening a month so we can feel like we are having some kind of life! Where we get a chance to be a couple, chat about stuff that has nothing to do with our son, and have some fun. It’s really helped us to have some relief… and even my husband looks forward to those evenings!

The Joint Service team often talks about families with children with special needs leading ‘ordinary lives’. Whilst it sounds simple, I think it’s a real challenge for many of us… but the short breaks scheme does help to get us that bit closer to this aim.

A couple of years ago, I spoke with the Cheviots team to ask about what short break support they could offer us, as I decided that we needed a break, as a couple, once in a while. Equally, it would be good for Kareem, who’s got complex needs and autism, to have some time away from us and have his own friend come to visit and play with him.

It took a while to set up, partly due to my availability, as well as the process, but I now get a regular worker from Crossroads, an agency Enfield uses, for four hours a month. The worker comes to the house and plays with Kareem (and also helps him with his homework!). We get the same worker every month, which gives us peace of mind and consistency. Kareem also looks forward to seeing them, so we all have a nice time.

I also know that some of my friends get support once a week for their child to attend a local mainstream club, like swimming or Beavers or trampolining. I often do things with Kareem myself, so haven’t taken up this part of the ‘Local Offer’ yet.

But now Kareem is getting older (he turned nine recently) I’m starting to think that it would be great for him to do a bit more without me, learn to become more independent and make some more of his own friends, like other children do. So I’ll be looking around and seeing what he wants to do.

So if you are not yet getting any support from the team to help your child join and participate in activities, giving you some precious time for you, then you should really call Cheviots now on 020 8363 4047 and see what they can offer you and your family. Otherwise, you are missing out!
CAPAG (Children and Parents Advisory Group) is a local specialist organisation that has successfully run holiday schemes, leisure activities, weekend- and after-school clubs for over 20 years.

CAPAG operates in two special schools — Oaktree and Durants — within Enfield. Operating from two sites enables members to split into two age groups (Lower and Upper), so they can benefit from accessing appropriate activities for their age and level.

CAPAG provides a year-round service to disabled children and young people and their families, supported by Enfield’s Joint Service for Disabled Children. CAPAG also partners with other statutory and voluntary services within the Borough.

**CAPAG Lower Scheme**

CAPAG Lower Scheme (held at Durants School) has incorporated weekly themes into its exciting provision. This has included Pirates, Under the Sea, Around the World, Animals and Space!

These themes are incorporated in all activities — dance, art, singing, cookery, dressing up and face painting.

There have been trips out to Paradise Wildlife Park, local parks, cinema and soft play facilities, eating out, a picnic in the park, bowling and swimming. There have also been on-site activities including bouncy castles, parties, storytelling, sports, games, soft play, singing, dance and movement — and not forgetting visits from the ice cream man! The children have also had fun getting messy with water and sand play.

**CAPAG Upper Scheme**

A great time was had by all at CAPAG Upper Scheme this summer! As well as the children and young people accessing lots of different activities on site, many were given the opportunity to take part in off-site inclusive activities; both the Summer University project and the Transition Help for Communities (THFC) project proved very successful.

At Summer University, CAPAG children and young people took part in Bollywood dancing, mask making, trampolining, drumming and DJing. A celebration evening was held at the end of the courses, which was thoroughly enjoyed by all who attended.

Transitioning into THFC’s project was a great achievement by many CAPAG members that have been attending for many years. After meeting new friends there, they are now looking forward to attending in the future!
Cheviots Children’s Centre

Fun at Cheviots

Cheviots runs after school groups, weekend activity groups and holiday playschemes for disabled children and young people who have complex care needs — children and young people who need a little bit of extra help to manage their behaviour, their medical needs, or their communication with others. Cheviots is also a Children’s Centre, which provides groups for disabled and non-disabled children aged 0-5, and is very pleased to announce that the Children’s Centre was rated ‘Outstanding’ in a recent Ofsted inspection.

Cheviots short breaks are open to disabled children and young people aged 5-17 years who need a higher level of care and support.

In addition to the after school clubs held at Cheviots, staff also run the Chill Out Club with staff from Adult Services. This youth group is aimed at young people who have reached transition, and involves fun activities such as table tennis, playing Wii, going out for dinner, and bowling.

Cheviots in the future… ideas wanted!

At the moment, Cheviots is focusing on how to maximise the use of its newly refurbished building, and further develop services for children aged 0-5. This might involve inviting other groups or professionals to provide specialist activities using the facilities, or Cheviots running its own drop-in sessions, but Cheviots would like as many people as possible to be able to use and enjoy its new building. In response to feedback from parents, Cheviots is also hoping to expand its range of supported family activities. Family Fundays, which include trips to the seaside and the zoo, are currently run during the school holidays, but Cheviots would like to organise some local activities such as swimming, and events using our specialist cycles!

Any ideas would be gratefully received: please email Clare at cheviotsshortbreaks@enfield.gov.uk

Cheviots Children’s Centre

Contact: Cheviots Children’s Centre
demonstrations, having henna tattoos and manicures, playing games consoles, and participating in the celebrations. Some of the young people collected their Certificates of Achievement, and also claimed the eagerly anticipated prizes from the raffle draws!

Watch this space... developments at the Centre are such that discussions are underway to create after school provision and Saturday daytime provision to further encourage the social development of young disabled people, and engagement in all the activities the Centre has to offer.

To support this, the Centre asks all users to take a Leap of Faith — visit the Centre to see for yourself. The APC welcomes all your questions, to ensure that the service it provides meets your needs!

---

**Youth Support Service Partnership**

**Alan Pullinger Centre**

The Alan Pullinger Centre (APC) has gone from strength to strength in its quest to meet the requirements of all young people in Enfield. With a history of supporting young people of all abilities, APC has striven towards becoming more inclusive by fostering a close relationship with the Joint Service for Disabled Children and its partners.

The Centre has provision for young disabled people, and already has a number of young people that have been attendees for several years. Parents of these young people find the Centre safe, warm and inviting to all, and the staff genuinely supportive.

Following a successful pilot programme between January and July 2012, in partnership with young people who have previously attended specialist services and the Joint Service for Disabled Children, APC delivered an outstanding summer programme that saw four young people from the pilot programme participate in a majority of the activities.

Following this, young people from the pilot group have encouraged others from their schools to attend the Centre. Parents and young people alike have spoken highly of the care and attention of staff, and the variety of activities that are on offer.

A large number of children from special schools attended the APC Open day in November, and thoroughly enjoyed the whole day, getting involved with demonstrations, having henna tattoos and manicures, playing games consoles, and participating in the celebrations. Some of the young people collected their Certificates of Achievement, and also claimed the eagerly anticipated prizes from the raffle draws!

To support this, the Centre asks all users to take a Leap of Faith — visit the Centre to see for yourself. The APC welcomes all your questions, to ensure that the service it provides meets your needs!

---

**Provision: Playschemes and Holiday Activities**

**Contact: Enfield Youth Service**

---

**Autism-Friendly Cinema Screenings**

People with autism have varying levels of sensitivity, and the flashing lights and loud sound effects during the trailers of a film could be uncomfortable for an autistic child or young person, causing them distress. Dimensions, the organisation that delivers support services for people with learning disabilities and people with autism, has teamed up with two leading cinema chains to screen autism-friendly films twice a month at over 100 screens across the UK, including the Odeon at Lee Valley.

The screenings are recommended to anyone who might benefit from alterations made to the cinema environment. Films are screened with the lights turned up, the volume turned down, and with the trailers and adverts removed. People can feel free to move around the cinema or make a noise as they feel comfortable.

Recent films shown include *Rise of the Guardians*, *Wreck-It Ralph* and *Monsters, Inc.* and these have been a huge success. March’s films are *Tinkerbell* and the *Secret Wings*, and *Oz: The Great and Powerful*. To keep updated on the dates and times of screenings, you can visit [www.dimensions-uk.org](http://www.dimensions-uk.org) and sign up to the mailing list.
Raglan Playscheme

In 2008 the Joint Service for Disabled Children and Enfield Council’s Play Development Team agreed to develop and create a new playscheme, with the express purpose of it becoming a beacon of positive inclusive practice and model for future service development, and a view to extending provision throughout Enfield; the Raglan Playscheme was born in Summer 2009.

Raglan Inclusive Playscheme operates every half term and holiday period, providing play activities for all children and young people aged 5-14 years. Raglan Playscheme goes from strength to strength, and is very popular. As it was oversubscribed, the Play Development Team was delighted last summer when West Lea School allowed them to use its premises, enabling them to cater for more children aged 8-14 years. All venues were buzzing with fun and the laughter of happy children and young people, with trips out, BBQs, and visits to other playschemes!

The scheme proved very popular and will run again this Easter, with more of an ‘independent learning twist’ - specially designed programmes for 12-19 year olds. This will be linked to the Play Development Team’s transition programme and will necessitate joint commissioning with Enfield Council’s Adult Services.

The Play Development Team believes in providing friendly, safe and stimulating play opportunities for children and young people. Their aim is to offer a quality service that meets all legal requirements for childcare and follows good practice standards as set down in conjunction with Ofsted and Enfield Council. Disabled children are supported and encouraged to access the Play Development playschemes wherever possible. It is essential that the child’s individual requirements can be met and that the provision is suitable for them; the play sites have experienced staff that are responsible for making sure that the children’s needs and requirements are met.

As part of the inclusive scheme, Play Development offers its own bespoke training programme, developing the skills, competencies and confidence of staff to meet the additional needs of disabled children.

All Play Development Inclusive Playschemes reflect the diverse communities that make up the population of Enfield, and demonstrate that, when it comes to playing and social inclusion, children and young people in Enfield are the experts!
Florence Hayes Adventure Playground

Florence Hayes is a fully-inclusive, free, ‘open-access’ facility that welcomes young people to exciting adventure activities.

The Centre has a large outdoor adventure playground that includes swings, rope slides, an assault course and structure builds. There is also a floodlit multi-use games area, an allotment (where young people grow their own produce for cooking), and an indoor games area, where young people can access snooker, table tennis, computers, arts and crafts.

During term time, after school clubs are run at Florence Hayes, and a Family Day is held each Saturday. During the main school holidays, from Monday to Friday, an inclusive playscheme is run for young people aged 8-16.

In both term time and holidays, there are themed days, so that each day is different - there may be cooking days, sports days, trips and film evenings, all designed to keep young people active and engaged through learning new skills, meeting new friends, and generally enjoying themselves so that they go back to Florence Hayes again and again!

There is also a Youth Club held every Friday evening for 12-16 year olds. Activities include cooking (such as ‘Come Dine with Me’ themed nights with boys vs girls!), competitions, workshops, trips (to Thorpe Park, ice skating, cinema, and other venues), and anything else the young people would like to do.

Since September, Florence Hayes has been running weekly music sessions in partnership with the London DJ & MC Academy, whereby young people can learn how to write music, perform, DJ, produce and compose music!

Enfield NAS @ Florence Hayes Adventure Playground

Welcome to three hours of autism-friendly fun! Following the fantastic success of the sessions during previous summers, Enfield National Autistic Society would like to invite you to come along with your autistic child/children and their siblings to autism-friendly, fun play sessions on the dates given below.

This is a chance for children of all ages to play, and parents/carers to relax and meet with other families. Inside there are computers, a Wii, art activities and a pool table. Outside there is a basketball court, a tunnel slide, a sandpit with water pump, numerous different swings and various climbing apparatus, including a tree house, and a zip wire! There is also a quieter area to escape to if needed.

This is a play session organised exclusively for children with autism or Asperger Syndrome and their siblings. There will be two play workers on hand to help, but parents/carers must stay on site and are responsible for their own children at all times.

Provision: Playschemes, Holiday Activities and Out of School Clubs  
Contact: Enfield Play Development Team  
Age: 5 to 16

Enfield NAS will provide healthy snacks, tea, coffee and soft drinks. There is no need to book — just come along. There is no entry fee, but Enfield NAS does suggest a donation of £2 to help cover some of its costs. Adults attend free!

NB: You may wish to bring a change of clothes for children — washing/changing facilities are available on site.

If you are coming by car, please park in one of the surrounding side streets.

For further information, please call Anna Leech on 020 8360 7384.
The Tottenham Hotspur Foundation is a strong partner of the Joint Service for Disabled Children, and provides several programmes for children and young people in Enfield.

The **Enfield Teen Project** is based at Tottenham Hotspur Football Club and is delivered through the school holiday periods. Young people are supported to take part in a range of different sports including football, basketball, hockey, Boccia, new age curling and tri-golf. These sessions allow the participants to take part in team games, learn about the benefit of taking part in sports, and live a positive and healthy lifestyle. The activities also aim to support participants in learning more about independent travel. This training is delivered through the use of an interactive computer suite based at White Hart Lane stadium. The project aims to build confidence, engage young people into local sports club opportunities, encourage young people to meet new people, and create new friendships.

The **Fair Play Project** is a great opportunity for young people in Ponders End and its surrounding areas. Disabled children and young people aged between eight and 18 years taking part in this project will be supported in independently accessing mainstream sports clubs in the locality, or in accessing individual plans with local partners such as Ponders End Youth Centre, Waverley School and Durants School.

Similarly, the **SportsMATE** (Mentoring Access Training Equality) programme enables disabled people to access leisure opportunities of their choice. Tottenham Hotspur Foundation’s mentors/volunteers provide up to six hours of support to each young person taking part. Tottenham Hotspur Foundation provides bespoke inclusion training to sport and leisure providers, centred around the needs of their new members, ensuring that young people have the best experience possible whilst accessing their chosen sport or leisure activity.

---

**West Lea School**

The heart of West Lea School has changed and evolved over the last few years to meet the complex needs of the pupils. West Lea caters for children and young people aged 5 to 19 years with a wide range of medical and communication requirements including learning difficulties, autism, Down’s Syndrome, and other conditions where children are wheelchair bound.

West Lea helps its pupils mature into confident and independent adults who can make decisions for themselves, yet work together and value others. In supporting them to achieve their full potential, West Lea offers broad and balanced activities with a full range of appropriate accreditation.

Julian Halford, who coordinates the clubs for West Lea School, says, “this is not an easy task, as we have to cater for many individual needs, requirements and levels. Our clubs range from cooking to driving lessons (for the older pupils). The school was proud to achieve Sports College status two years ago, and we are very involved with Boccia, Wheelchair Basketball, athletics and swimming at national levels.

“West Lea School is a community school, and we welcome others to join us. One club in particular is Kaos Choir, who performed at the opening of the London 2012 Olympic Games. The choir is a collaboration of many children from many schools, particularly mainstream. Oh, and did I mention — we have a charity shop. To many of our pupils, this is like another club, where pupils and disabled adults develop life skills and have fun!”
Enfield Beavers, Cubs and Scouts

Enfield’s scout groups are committed to supporting young people of all abilities to join them in having fun in one of the 22 groups throughout the Borough.

There are approximately 30 young disabled children attending Enfield’s groups, joining in with the life skills sessions and games, and making new friends.

The Joint Service for Disabled Children has been supporting the scout groups with training and staffing over the past few years, to enable disabled children to enjoy the benefits of their local community group.

Linda Marchant of the 10th Edmonton Scout Group has been at the forefront, encouraging a can-do attitude to supporting all children who wish to attend. The disabled children at her group access all of the activities and are particularly keen to gain the skills to earn their merit badges. As well as centre-based fun, the children go on day trips throughout the year, such as hiking, visiting places of interest and educational trips. The disabled children stated that they particularly enjoyed the camping activities. As Linda comments...

“Mateo, Kian and Philip came to our Danemead Camp in September as Beaver Scouts with the 10th Edmonton Scout Group. They attended the Camp all day on Saturday and Sunday, stopping over on the Saturday night in indoor accommodation.

“They took part in supervised activities such as den building, camp fires, cooking, and eating outdoors, enjoyed plenty of fresh air and play time in the woods with an adult Leader, and interacted with their peers.

“They all loved it and can’t wait for the next one. Their parents collected them on the Sunday afternoon and loved the whole atmosphere of the Camp, and really enjoyed seeing the dens their children had helped to make.

“These children hadn’t previously undertaken anything like this experience, and their parents were delighted and pleasantly surprised that they had managed so well and enjoyed themselves”.

The 10th Edmonton Scout Group comprises Beavers, Cubs and Scouts, and includes boys and girls aged 6-14 years. Interested? Please telephone 020 8351 1136.
Croyland Youth Centre Film Project

Croyland Youth Centre provides inclusive provision to all young people, including those with learning disabilities. Croyland Youth Centre completed a six-week film project in partnership with Enfield’s Learning Disability Team and Participation Team, that included young people from Oaktree School.

The film project aimed to highlight how those with disabilities are able to participate in statutory youth provision. Nine mainstream young people attended disability awareness training, and were ‘buddied’ with nine young people with learning disabilities, in order to produce a film.

The young people learnt how to use video equipment, and considered different screen shots and scenarios to film. They inclusively decided to make a film titled, ‘Have a Go Hero’.

At the beginning of the project the young people from Oaktree School were reluctant to leave the side of their support workers. After two sessions building relationships with young people from Croyland Youth Centre, the young people soon forgot about their support workers and engaged in all the activities. The young people from both centres developed in confidence, and in order to further develop ability to engage, the project was taken to Craig Park Youth Centre for an evening. Unlike the first session at Croyland, all the young people joined in with activities alongside young people they hadn’t met before, engaging with them with confidence and self esteem. Support workers told Croyland Youth Centre team members how pleased they were to see their young people develop and engage outside of their comfort zone.

All 18 young people on the project have been awarded Record Outcomes, and the nine young people from Oaktree School have been awarded ASDAN accreditation. One young man with learning impairments has won a Jack Petchey Achievement Award for his contribution to the film project.

All of the young people involved were awarded Certificates of Achievement at the Edmonton Hubs Celebration Event. Their film was showcased during the evening, and presented by councillors and senior managers. The young people were informed during the event that the film had been submitted for a London Inspiration Film Award.

The ongoing legacy of the film project is that many members of Croyland Youth Centre are now trained, informed and experienced in engaging with peers who may have a disability, without uncertainty or ‘fear of the unknown’. Croyland Youth Centre is viewed by young people as an inclusive service.

Provision: Playschemes and Holiday Activities
Contact: Enfield Youth Service
Age: 13 to 17

Everybody Active Team

Enfield Council’s Everybody Active Team is committed to promoting sport and physical activity in schools, the workplace and the community. Courses are suitable for all levels and abilities, and run during term time as well as throughout holiday periods, where activities range from Athletics to Zumba. Included within provision are specialist activities for children and young people with a disability (as shown below), but families are encouraged to contact the sports booking team for further information on inclusive activities, or visit www.enfield.gov.uk/sport to see the full list of available activities in the Get Fit for 2013! booklet.

<table>
<thead>
<tr>
<th>Activity</th>
<th>Day</th>
<th>Dates</th>
<th>Venue</th>
<th>Age</th>
<th>Times</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>i-sports Swimming</td>
<td>Tuesday</td>
<td>15th Jan to 26th Mar (exc. 19th Feb)</td>
<td>Arnos Pool</td>
<td>10—18 years</td>
<td>3.45pm—4.45pm</td>
<td>Free</td>
</tr>
<tr>
<td>i-sports Athletics</td>
<td>Thursday</td>
<td>17th Jan to 28th Mar (exc. 21st Feb)</td>
<td>Lee Valley Athletics Centre</td>
<td>10—18 years</td>
<td>4pm—5pm</td>
<td>Free</td>
</tr>
</tbody>
</table>

Provision: Sports Activities
Contact: Enfield Everybody Active Team
Age: Various, depending on activity
Bizzibops

Bizzibops is an inclusive performing arts group activity, open to children and young people from both special and mainstream school backgrounds who wouldn’t have the opportunity to come together without this provision.

Each session includes dance, drama and vocal activities as well as art and craft opportunities. At the end of term, or block of holiday sessions, there is an informal showing for parents/carers to attend.

Activities are delivered by practitioners with inclusive performing arts experience and a huge enthusiasm for the performing arts, which is encouraged in all children and young people attending.

Bizzibops Performing Arts Workshops for Over 8’s

Where: Raglan Junior School, Raglan Road, EN1 2RG
When: Saturdays, 10am—1pm. Sessions started on January 12th, but new members are welcome any week!

Dazu

Dazu provides inclusive playschemes, holiday activities and term time activities for Enfield’s children and young people. All sessions are taken by experienced and fully qualified teachers and helpers.

Dazu also runs the Young Carers Project in Enfield. This was established to support children who may have additional caring responsibilities within the home. A young carers could be caring for a relative who is disabled, has an illness, or has a mental health problem. Dazu provides a wide range of support to Young Carers, including: free counselling service, trips to various venues, free access to Dazu’s recreational activities, and advocacy.

Provision: Playschemes, Holiday Activities and Out of School Clubs
Age: 5 to 17
Contact: Cheviots Children’s Centre
Want to try something new?

Listed here are many of the organisations used by Enfield Council. As part of families’ Local Offer, the Joint Service for Disabled Children funds places for some children to attend these. There may be other organisations that are used regularly, but on an ad hoc basis. If these are not included here, please be assured that they will be in future newsletters. Please note that once a young person reaches the age of 18, any provision will need to be accessed via Adult Services.

Enfield is in the final stages of commissioning a number of new/additional organisations to provide services; there will be an update on this process, including names of any additional organisations, in the next issue.

If you are currently in receipt of the Local Offer and would like to exchange your current short break for an alternative, please use the contact details given below to access further information.

### Playschemes and Holiday Activities

<table>
<thead>
<tr>
<th>Name</th>
<th>Age Group</th>
<th>Telephone number for more information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alan Pullinger Centre</td>
<td>13-17 years</td>
<td>Enfield Youth Service, 020 8886 1693</td>
</tr>
<tr>
<td>CAPAG</td>
<td>5-17 years</td>
<td>Cheviots Children’s Centre, 020 8363 4047</td>
</tr>
<tr>
<td>Cheviots Children’s Centre</td>
<td>5-17 years</td>
<td>Cheviots Children’s Centre, 020 8363 4047</td>
</tr>
<tr>
<td>Croyland Youth Service</td>
<td>13-17 years</td>
<td>Enfield Youth Service, 020 8351 8320</td>
</tr>
<tr>
<td>Dazu</td>
<td>5-17 years</td>
<td>Cheviots Children’s Centre, 020 8363 4047</td>
</tr>
<tr>
<td>ECYPS</td>
<td>5-17 years</td>
<td>Cheviots Children’s Centre, 020 8363 4047</td>
</tr>
<tr>
<td>Funny Feet at Galliard</td>
<td>5-13 years</td>
<td>Cheviots Children’s Centre, 020 8363 4047</td>
</tr>
<tr>
<td>Florence Hayes Adventure Playground</td>
<td>5-16 years</td>
<td>Enfield Play Development Team, 020 8350 1126</td>
</tr>
<tr>
<td>Raglan Playscheme</td>
<td>5-14 years</td>
<td>Enfield Play Development Team, 020 8350 1126</td>
</tr>
<tr>
<td>Tottenham Hotspur Foundation</td>
<td>5-17 years</td>
<td>Cheviots Children’s Centre, 020 8363 4047</td>
</tr>
</tbody>
</table>

### After School Clubs

<table>
<thead>
<tr>
<th>Name</th>
<th>Age Group</th>
<th>Telephone number for more information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bizzibops</td>
<td>5-17 years</td>
<td>Cheviots Children’s Centre, 020 8363 4047</td>
</tr>
<tr>
<td>CAPAG</td>
<td>5-17 years</td>
<td>Cheviots Children’s Centre, 020 8363 4047</td>
</tr>
<tr>
<td>Cheviots Children’s Centre</td>
<td>5-17 years</td>
<td>Cheviots Children’s Centre, 020 8363 4047</td>
</tr>
<tr>
<td>Durants After School Club</td>
<td>8-17 years</td>
<td>Cheviots Children’s Centre, 020 8363 4047</td>
</tr>
<tr>
<td>Florence Hayes Adventure Playground</td>
<td>5-16 years</td>
<td>Enfield Play Development Team, 020 8350 1126</td>
</tr>
<tr>
<td>Raglan</td>
<td>5-14 years</td>
<td>Enfield Play Development Team, 020 8350 1126</td>
</tr>
<tr>
<td>Russet House</td>
<td>3-11 years</td>
<td>Cheviots Children’s Centre, 020 8363 4047</td>
</tr>
<tr>
<td>Sticky Fingers</td>
<td>5-11 years</td>
<td>Cheviots Children’s Centre, 020 8363 4047</td>
</tr>
</tbody>
</table>
Other Short Breaks

Home Sitting

The Joint Service for Disabled Children has partnerships with several providers of home sitting services. If you are interested in accessing home sitting as part of a short break, please contact Cheviots Children’s Centre on 020 8373 4047.

<table>
<thead>
<tr>
<th>Organisation</th>
<th>Organisation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Abbots Care</td>
<td>London Care</td>
</tr>
<tr>
<td>Allied Healthcare</td>
<td>Marego</td>
</tr>
<tr>
<td>De Vere Care</td>
<td>Medacs Homecare</td>
</tr>
<tr>
<td>Edenvale Care</td>
<td>Oasis Care and Training Agency</td>
</tr>
<tr>
<td>Guardian Homecare</td>
<td>Total Healthcare</td>
</tr>
</tbody>
</table>

Direct Payments

Direct Payments are an alternative means of providing families with short breaks. Direct Payments provide families with money ‘in lieu’ of direct services. This means that a family can buy their own short breaks, for example, paying for their own Home Sitter, thereby becoming ‘employers’. Some families may have a mixture of Direct Payments and services and some families may have Direct Payments only.

Specialist Short Breaks

Overnight Short Breaks

The Joint Service for Disabled Children has partnerships with several providers of overnight short breaks. In order to access this type of short break, a lot more information will need to be gathered to assess your family’s needs. Please contact Cheviots Children’s Centre on 020 8373 4047 to assess eligibility.

<table>
<thead>
<tr>
<th>Name</th>
<th>Age Group</th>
</tr>
</thead>
<tbody>
<tr>
<td>Activenture</td>
<td>8-17 years</td>
</tr>
<tr>
<td>Buckets &amp; Spades Lodge</td>
<td>5-17 years</td>
</tr>
<tr>
<td>Helen Allison</td>
<td>5-17 years</td>
</tr>
<tr>
<td>Peartree Lodge</td>
<td>5-17 years</td>
</tr>
<tr>
<td>Radlett Lodge</td>
<td>5-17 years</td>
</tr>
<tr>
<td>Sybil Elgar</td>
<td>11-17 years</td>
</tr>
</tbody>
</table>
Transition

The Joint Service for Disabled Children is working with its colleagues in Adult Services to provide services and support for young people aged 14-25. Look out for an update on transition in the next edition of Breakaway.

Capital Projects

The Joint Service for Disabled Children has been fortunate to receive funding from Government this year, to be used for capital projects that would help enable short breaks to be delivered to Enfield’s disabled children and young people. The decision as to how this funding will be used is currently being finalised, but there will be more to report in the next edition of Breakaway!

Feedback

This is the first edition of Breakaway and we hope that you found it helpful. Please do let us know if there is anything regarding Enfield’s short breaks that you would like to see in future editions, as we would like the magazine to be as useful as possible to families.

You can email any of the following people with your suggestions:

shaun.barratt@enfield.gov.uk

 caroline.fanning@enfield.gov.uk

 ineta.miskinyte@enfield.gov.uk

www.enfield.gov.uk