

# Durants Post 16 Curriculum – Delivering learning in the right environment 'Preparing for Adulthood'

## EMPLOYMENT

Include real opportunities to develop work based skills

Embed “functional skills” in practical and relevant activities

e.g. taking orders, making + selling goods

## GOOD HEALTH

Prioritise skills which are directly related to an individual's future life

e.g. healthy eating, fitness, personal hygiene

Provide individualised transition support for students, especially at 18 and throughout their final year, sourcing the most appropriate placement

## FRIENDS, RELATIONSHIPS + COMMUNITY

e.g. finding a suitable college,  
using a range of local facilities,

promoting language + communication skills, developing personal relationships awareness

## INDEPENDENT LIVING

Focus on the development of social and independent skills

e.g. Travel Training, practical money skills, life skills

# Durants Post 16 Curriculum – Core Skills - All Learners

## ‘Preparing for Adulthood’

### Independent Learners

AQA Awards in English +  
Mathematics at Entry Level

1 / 2

2 year Extension Work programme  
for some students

### Experiential Learners

AQA Awards in English +  
Mathematics at Pre-Entry +  
Entry Level 1

COMMUNICATION,  
LANGUAGE +  
MATHEMATICS

### Sensory Learners

AQA Awards in English +  
Mathematics at Pre-Entry  
Level

All students develop English +  
Mathematics skills to support  
achievement of their learning  
goals and career aims

# Durants Post 16 Curriculum - OPTIONS - For All Learners 'Preparing for Adulthood'

## TRAVEL TRAINING

- Walking to school / shops
- Use of Oyster cards
  - Shadowing
- Using Public Transport

## COMMUNITY

- Accessing shops / cafes / shopping
- Swimming / Leisure / Gym activities
- Dance festivals

## CREATIVE ARTS

In Art + Design;  
Singing, Music; +  
Dance, Drama

## ENTERPRISE

- Class projects
- School projects
- Running a stall
- Market Traders

## FITNESS + ORIENTEERING

- Keeping Fit + Healthy
- Individual + Team activities
- Maps

# Durants Post 16 Curriculum – Sensory Learners

## ‘Preparing for Adulthood’

### LIFE SKILLS e.g.

- Shopping + cooking
- Using a washing machine + cleaning
- Following a recipe

### CREATIVE EXPERIENCE

Art  
Food  
Weather

### EXPLORING LEARNING COURSE

### PERSONAL CARE SKILLS + SAFETY

- Health + Hygiene
- Road + Personal Safety
- Dressing skills

### LEISURE + RECREATION

- Boccia
- Trampoline
- Music + Movement

# Durants Post 16 Curriculum – Experiential Learners 'Preparing for Adulthood'

## HEALTHY LIVING e.g.

- Basic Food Preparation
  - Cooking
- Science related activities

## WORK RELATED LEARNING

- Enterprise
- Work Experience
- Jobs + Responsibilities

## VOCATIONAL STUDIES COURSE

## DAILY LIVING SKILLS e.g.

- Hygiene
- Recycling
- Reading for daily living
- Self Care

## TIME +MONEY SKILLS

- Maths in Everyday Life
  - Calendars + Time
- Recognising + using Money

# Durants Post 16 Curriculum – Independent Learners 'Preparing for Adulthood'

## INDEPENDENT LIVING SKILLS

- Citizenship
- Health + Hygiene
- Personal relationships
- Planning for the future

## FUNCTIONAL LITERACY , NUMERACY + ICT

- Literacy skills for life  
(e.g. completing forms)
- Money Management –e.g.
- Getting a bank account

## FOUNDATION STUDIES COURSE

## SOCIAL COMMUNICATION SKILLS

- Giving talks
- Interview techniques
- Social interaction skills

## WORK RELATED LEARNING

- Enterprise
- Work Experience
- Jobs + Responsibilities