## **CALM and QUIET Sessions**



## For people with autism or learning disabilities/difficulties - to find out about benefits, jobs and support at the Jobcentre

- Would you like help to move towards employment, or do some volunteering, or change the job you are doing?
- Do you care for or help someone with autism/learning disabilities who might like to explore part time employment options?

Please come to an introductory session at a Jobcentre to see how we can support people with autism and/or learning disabilities into employment, or help them move towards it.

Come and meet: - specially trained staff who will explain what help is available.

- organisations that can help you get the support you need.
- employers offering work experience and part or full-time work.
- Find out about: benefits, and if you are claiming what you are entitled to.
  - Universal Credit, the new benefits system
  - Access to Work, a scheme to help you with support in employment and with travelling to work

Parents/Carers are welcome to come with, or come alone to find out more.

## **NO COMMITMENT - NO ASSESSMENT - JUST INFORMATION**

and autism-friendly help and advice in a calm and peaceful session. Help us to help you!

Where? Enfield Jobcentre Plus,. You do <u>not</u> need to live in north London or live near the jobcentre – anyone can attend.

When? Thursday 24<sup>th</sup> January 2019 from 10am to 2pm.

**Travel?** Buses: 121, 231, 307, 313, 377. Bus stop is outside Enfield Jobcentre. Trains: Enfield Chase Overground station is next to Enfield Jobcentre.

If you would like an appointment with a trained Work Coach, please email <u>Belinda.Blank@DWP.GSI.GOV.UK</u> for a personal time to come, so that you will not have to wait. You can also use this email to ask questions. Otherwise please drop in but you may have to wait. There will be staff to talk to you, and a quiet area.