

Transition from using  
Children's to Adults Services

MOVING ON



# Information Booklet 2019/2020

MOVING ON



Transition from childhood to adulthood

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 MovingOnEnfield

[www.enfield.gov.uk](http://www.enfield.gov.uk)







## Welcome to Moving On!

In Enfield, when young people move from childhood to adulthood, this is known as “Moving On”. Young people designed the Moving On logo that we use.

We recognise that it can be a worrying time when young people move from childhood to adulthood. The way they access support and services will change and it is important to be prepared for the change. They will also be thinking about getting a job, moving into their own place and enjoying activities as a young adult in their local community. This is known as Preparing for Adulthood.

In Enfield we have worked with parents to develop this booklet and our Moving On events to make sure that you have all the information you need, and plenty of opportunity to ask questions. Our aim is to ensure that you have all the information you need to help your young person make the right choices about their future. We want to support young adults to achieve their hopes and aspirations and to enjoy a fulfilling life.

The programme of Moving On Events are all aimed at helping you to support your young person to be more independent and details of the events are set out in this booklet or can be found on Enfield’s Local Offer ([www.enfield.gov.uk/SEND](http://www.enfield.gov.uk/SEND)) and Enfield “My Life” (<https://mylife.enfield.gov.uk/homepage>).



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In this booklet we use some words and terms that you may not have heard before, this is what they mean:

<b>SEND</b>	Special Educational Needs and/or Disability
<b>EHCP</b>	Education, Health and Care Plan
<b>Personal Budget in Adults</b>	When the Moving On Assessment has been completed, we draw up a Care & Support Plan and agree a sum of money that we think is sufficient to meet the assessed needs and achieve the outcomes. We use a Resource Allocation System (RAS), to guide us in this process. We call this money the Personal Budget.
<b>Direct Payments</b>	Once we have agreed the personal budget, we will usually arrange for this money to be paid to the individual, or their agent. We call this a Direct Payment. This is paid to you on an Enfield Council payment card.
<b>Appointee</b>	An appointee is a person appointed to manage your benefits received from the Department of Work and Pensions (DWP)
<b>DLA</b>	Disability Living Allowance
<b>PIP</b>	Personal Independent Payment
<b>Care Co-ordinator</b>	Adult Health & Social Care Services will allocate a worker from 16 plus to carry out the Moving On Assessment and devise the care and support plan. This may be a social worker, a community nurse, an Occupational Therapist or other health and social care professional. We call this person the Care Co-ordinator.
<b>Moving On Assessment</b>	This assessment considers the needs of young people under the Care Act 2014, decides if they eligible for Adult Health and Social Care, and if so, agrees the outcomes in the Care and Support Plan.
<b>Care &amp; Support Plan</b>	If a person is eligible for Adult Health and Social Care we will work with the individual to draw up their plan, agree the outcomes, identify where needs can be met through family support or informal networks, and confirm the personal budget to enable people to purchase additional services to meet identified needs. We call this the Care & Support Plan.
<b>Annual Health Check</b>	People with learning disabilities from the age of 14 upwards should have an annual health check with their GP. Your GP should contact you to arrange this, or you can ask for one.
<b>Health Action Plan</b>	This plan can be written by your GP, community nurse or other person involved in your care. The Plan sets out health needs and how these will be met.
<b>Hospital Passport</b>	A helpful document should someone need to go into hospital providing basic information to help hospital staff assess and support appropriately.



Enfield's Local Offer for children and young people with special educational needs and/or disability can be found at

[www.enfield.gov.uk/SEND](http://www.enfield.gov.uk/SEND)

Young people have made some videos for the Local Offer to help other young people to find out about their options for going to college, getting a job and accessing the help and support they need to become more independent as they become young adults. The videos are:

- My EHCP:** a film about how young people have a voice and contribute to their Education, Health and Care Plan.
- I Learn:** a film that shows a "day in the life" of a young man who attends Barnet & Southgate College.
- I Play:** this film shows young people enjoying themselves at a Youth Club, but also young people who are supported with a Short Break Grant enjoying a night out.
- I Go:** this film shows how young people can be supported to travel independently through travel training.
- I Smile:** young people talk about their experience of dealing with a mental health issue and how the Child & Adolescent Mental Health Service has helped them to overcome their problems.
- I Work:** this film explores how young people are supported into work through work experience and college.
- I Achieve:** a film of young people talking about how the Educational Psychology Service has helped them overcome their difficulties and go on to do well at school.
- I Care:** a film made by a group of Young Carers who access holiday activities at DAZU talking about their caring responsibilities and what it's like to be young carer.
- Moving On 2015 :** tells the story of a number of people who have moved on in their life.

Further information and support about services available in Adult Social Care can be found on My Life



<https://mylife.enfield.gov.uk/home/index>







# Preparing for Adulthood

Moving On is there to help you and your young person as they “prepare for adulthood”. There are 4 preparing for adulthood outcomes and they should be included in your young person’s EHCP if they are continuing in education, and/or in the adult care and support plan if they are eligible for support from Adult Social Care:

- Employment
- Keeping Healthy
- Friends, Relationships and Community
- Independent Living

We recommend that you start to attend Moving On Events when your young person reaches Year 9. It is helpful to keep coming along to the events every year as there is a lot to take in and it can be helpful to attend more than once.

These events provide an opportunity to meet and talk to other parents and professionals who can give you advice and information to help you and your young person to make the right decision about their future.

You can also talk to a parent whose young person has “Moved On” through transition to adult life, her name is Jane Richards. Jane can be contacted on 07816 070098.



Jane Richards

The Moving On Programme starts in October.

Your young person’s school may hold a specific Transition Coffee Morning or event so make sure you attend if you can.





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## **Section 1: Introduction to transition and the Moving On pathway**

In this section of the booklet you will find dates for the school coffee mornings and the pathway which describes what happens and when, if you are eligible for services and support from the Adult Social Care. There is also information about options if you are not eligible.

The eligibility criteria are set out the in The Care Act 2014



# Introduction to transition

Durants, Oaktree, Waverley and West Lea Special Schools hold Transition Coffee Mornings and/or events for parents. There is also a further coffee morning held at the Zebra's Café in Ponders End. The coffee mornings are open to all parents who are interested in finding out what happens during transition.



Details are as follows:

Date	Time	Venue
Friday 20th September 2019	10am – 12noon	Waverley School 105 The Ride Enfield EN3 7DL
Thursday 3rd October 2019	9.30am – 11.30am	Durants School High Street Southgate N14 6BS
Thursday 8th October 2019	10.30am - 12pm	Oaktree School 315 Chase Side Southgate N14 4HN
Thursday 7th November 2019	10am - 11.30	West Lea School, Haselbury Campus, Haselbury Road London N9 9TT
Friday 18th October 2019	10.30am – 12.30pm	Zebra's Community Café 2e Nags Head Road Ponders End Enfield EN3 7FN

These coffee mornings provide an informal opportunity to:

- Find out what happens, and when during the transition process
- Find out about the Moving On events that are provided to support you and your person during transition
- Meet professionals involved in transition
- Meet other parents who have been through, or who are going through transition
- Ask questions



# Pathway for Moving On

## Age 14 – 18 years



### Aged 14+

Attend EHCP Reviews at your child's school from Year 9 onwards to ensure that your young person gets the support they need as they transition into adulthood

### Aged 16+

Professionals from your young person's school, Children's Services and Adult Social Care will work in partnership to assess if a young person is eligible for services and support from one of the following:

Adult Social Care: Integrated Learning Disability Service

Adult Social Care: Single Point of Access (Physical & Sensory)

Mental Health Services

If eligible, your young person will be allocated a Care Co-ordinator who will work with you and your young person to complete the Moving On Assessment and Care & Support Plan.

If you are not eligible, you and your young person will be signposted to organisations that can support you.

### Aged 17½

If eligible, Adult Social Care will work with you to agree your young person's personal budget and the outcomes for adult life in their Adult Care & Support Plan. They will also liaise with SEN Services to consider which of these outcomes are included in their EHCP for those young people remaining in Education.

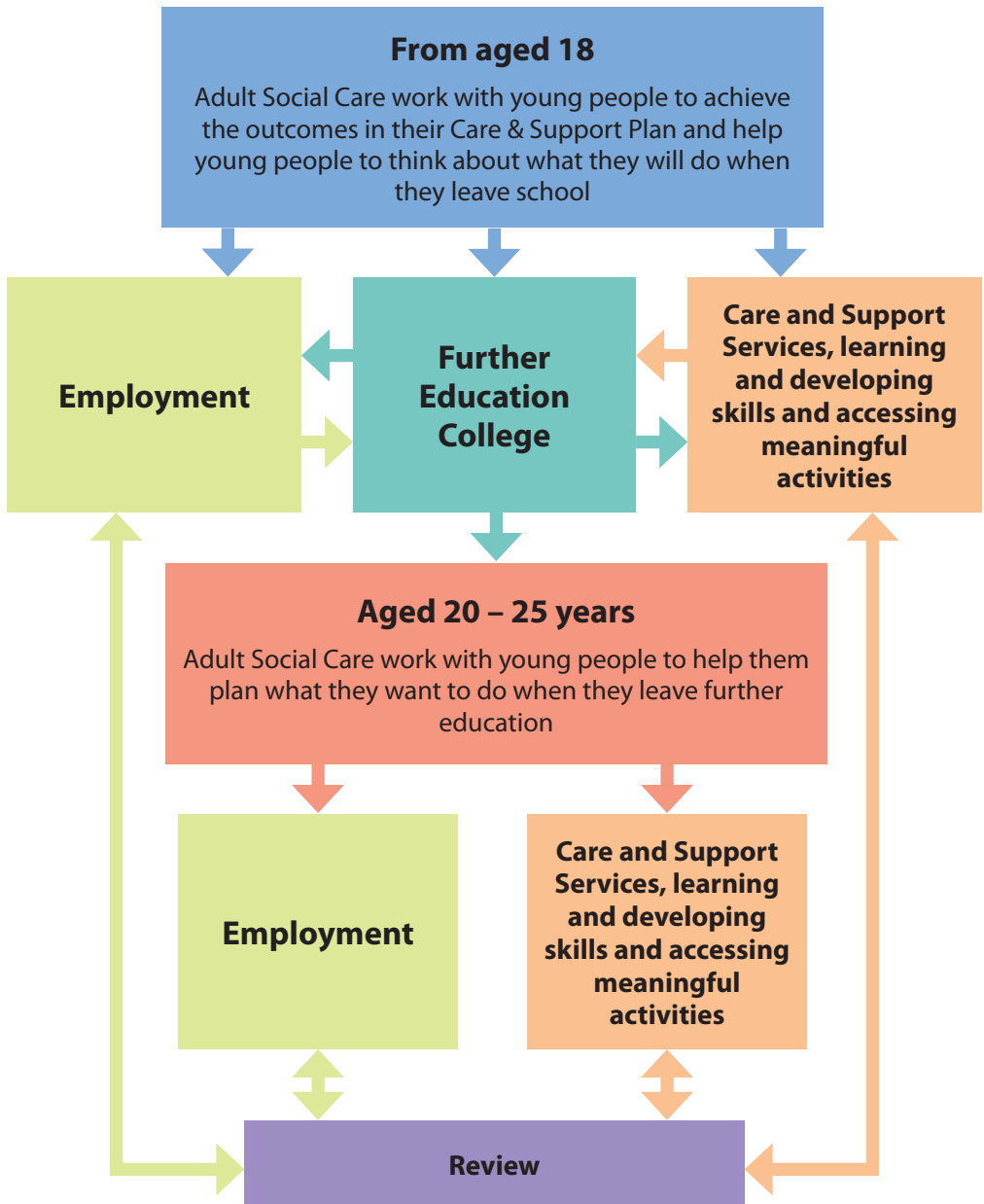
### Aged 18

Transfer to Health & Adult Social Care and a Personal Budget is put in place. This is done in partnership with Children's Services to ensure that there is some flexibility around the transition.



# Pathway for Moving On

Age 18 – 25 years





# Support for families who are not eligible for Adult Social Care

Not all young people with an Education, Health & Care Plan will be eligible for services and support from Adult Social Care. If this is the case for your young person you will be signposted to information, advice and guidance to help them achieve the Preparing for Adulthood outcomes. It is still a good idea to talk to your young person and agree how they are going to achieve these outcomes.

## • Getting a Job

The pathway for young people with SEND for getting a job, is the same whether they are eligible for a service from Adult Social Care or not. They can volunteer, go to college, do a supported internship or seek the support of a Disability Employment Adviser at the local Job Centre.

## • Independent living

Information about options for young people to leave home and live independently can be found on Enfield Council's website. Some useful contacts are:

- o **Christian Action** is a housing association that assists young people with advice and accommodation
- o **Origin** assist single non-priority homeless people and students aged 18 and over in housing need or considered to be vulnerable with low support needs and a local connection to Enfield

## • Friends, relationships and community

It is important that young people with SEND do not become isolated, and they are supported to have friends, relationships and be part of their local community. There are many ways to make friends, for example getting a job or volunteering, take up a sport or join a local club. More information can be found on the Local Offer or MyLife.

## • Keeping Healthy

It is important for everyone to have a healthy lifestyle so that they can reduce their risk of heart disease, type 2 diabetes and obesity. Keeping healthy also includes mental health, sexual health, pregnancy and drug and alcohol abuse. More information can be found on the Local Offer, MyLife and Youth Enfield.







## Section 2: Supporting Parents in Transition

Parents and Carers tell us that the transition to adulthood is equally as challenging for them as it is for their young person.

In this section of the booklet you will find “Our Charter to Parents/Carers”, details of an event to support parents with the transition of their young person and the Parent Transition Pathway.





Transition from childhood to adulthood

## Our Charter to Parents/Carers

As Professionals working with families we will.....

✓	Explain how the Moving On process works so you know what to expect.
✓	Give you information early so you have time to think about your options
✓	Explain what services and support you are eligible for
✓	Ask how you want us to give you information
✓	Give you information in plain English so it is easy to understand
✓	Provide you with opportunities to meet other parents through Carer-2-Carer, Our Voice, information events and coffee mornings
✓	Provide you with a key contact, known as a Care Co-ordinator
✓	Work with you to develop support plans to meet the young person's needs and help achieve their aspirations
✓	Celebrate your young person becoming an adult



## **Supporting Parents & Carers During Transition**

**Friday 11th October 2019  
10.30am – 12.30pm**

**Community Room Enfield Library  
66 Church Street, Enfield, EN2 6AX**



**It's my job to  
look after her**



**What will I do if my  
son moves out of  
home?**

This event will help parents and carers to understand the process of transition of young people from childhood to adulthood, and how it will impact on them.

Come and join us for coffee and take some time out to think about and discuss the challenges you face as your young person makes the transition to adulthood. How will your life be different, will your role change, and how does this make you feel?


The event will provide practical tips and sources of support to help you through this time of change in your life.

No need to book.


We look forward to seeing you.



**My child will never  
live independently**



**I'm scared they won't  
be looked after  
properly**



**I know what's best  
for my son**



# Support for parents/carers whose Young Person is Transitioning to Adulthood

It can be a worrying time when your young person transitions from childhood to adulthood. You may have mixed emotions and be feeling anxious about the change. We aim to ensure that there is support for parents/carers to help them in their transition journey and adapt to the changes. Our pathway sets out what support is available for you.

***Stages 1-3 is information that is available to everyone, if you need more support Stage 4 & 5 might help you***

## STAGE 1 - BEFORE THE ASSESSMENT

This is the initial stage of transition, before the assessment, when professionals will be talking to you and your young person about what they would like to do in the future. It is a good idea to talk about any anxieties you may have with a professional so they know how you are feeling and to look at the Local Offer and MyLife to see what support there is.

## STAGE 2 - THE MOVING ON ASSESSMENT

You might be starting to feel anxious about the future and the changes that are about to happen. Make sure you talk to the professional in Adult Social Care who is doing the Moving On Assessment. They can signpost you to:

- Moving On Booklet and Events
- Carers Assessment
- Carer to Carer
- Our Voice
- Drop-in sessions



## STAGE 3 - IF MORE SUPPORT IS NEEDED

If you are feeling worried about the future and what this means for you, there is other support available:

- The Carers Centre
- Support to get back into employment
- Support with behaviour that challenges
- Accommodation support
- Yvonne Newbold website and events
- Carers Trust Lea Valley for respite/advocacy

*If more help is needed*

## STAGE 4 - PEER SUPPORT

Sometimes it can be helpful to share your worries with others. If you are still feeling anxious despite accessing support available in stages 1 – 3 you can:

- Arrange a face to face meeting with Jane Richards, Carer to Carer
- Attend a parent group
- Ask about other interventions such as positive behaviour support for challenging behaviour and non-violent resistance

## STAGE 5 - PROFESSIONAL SUPPORT

- A referral from your GP
- Family Therapy
- Support for behaviour that challenges
- Arrange for you to meet one of our psychologists
- Yvonne Newbold website and events
- Access talking therapies through IAPT



<b>Enfield's Local Offer SEND</b>	<a href="http://www.enfield.gov.uk/SEND">www.enfield.gov.uk/SEND</a>
<b>My Life (Enfield Adult Social Care)</b>	<a href="https://mylife.enfield.gov.uk/homepage">https://mylife.enfield.gov.uk/homepage</a>
<b>Enfield Carers Centre</b>	<a href="http://www.enfieldcarers.org/">http://www.enfieldcarers.org/</a>
<b>Our Voice Parent Forum:</b>	<a href="https://www.ourvoiceenfield.org.uk/">https://www.ourvoiceenfield.org.uk/</a>
<b>Carer to Carer (Jane Richards)</b>	07816 070098
<b>The Carers Trust Lea Valley</b>	<a href="http://www.crossroads-leavalley.org.uk">http://www.crossroads-leavalley.org.uk</a>
<b>Yvonne Newbold</b>	<a href="http://yvonnenewbold.com/workshops-training-talks/">http://yvonnenewbold.com/workshops-training-talks/</a>
<b>Enfield IAPT</b>	<a href="http://www.beh-mht.nhs.uk/services/iapt-enfield-2.htm">http://www.beh-mht.nhs.uk/services/iapt-enfield-2.htm</a>
<b>Integrated Learning Disability Service</b>	020 8379 5039 <a href="https://mylife.enfield.gov.uk/enfield-home-page/content/learning-disabilities/st-andrews-court-ilds/">https://mylife.enfield.gov.uk/enfield-home-page/content/learning-disabilities/st-andrews-court-ilds/</a>
<b>Physical Disabilities &amp; Sensory Impairment</b>	020 8379 1001 <a href="https://mylife.enfield.gov.uk/enfield-home-page/content/adult-social-care/asc-home/">https://mylife.enfield.gov.uk/enfield-home-page/content/adult-social-care/asc-home/</a>



## Section 3: Moving On Events

In this section of the booklet you will find the programme of Moving On events. They have been devised in partnership with parents and answer many of the questions that parents have when their young people transition to adulthood.

By attending these events you will be provided with information and advice about eligibility and support that is available. This will enable you to work with your young person to help them make the right decisions about what they would like to do when they become an adult.



## Money Matters


Thursday 14 November 2019

10:30 – 12:30

Community Room, Edmonton Green Library

36 – 44 South Mall, London N9 0TT

**This event will help you to understand the welfare benefit system and find out how your benefits might change when your young person becomes an adult. It will explain how services are delivered differently in Adult Social Care and how the charging system works.**

- 
- Find out how to be an appointee?

- The change at 16 years from DLA to PIP and what is the difference between DLA and PIP?

- Understanding universal credit

- Find out the benefit changes for parents

- Council Tax discounts and exemptions


- Adult Social Care charging policy and disability related expenditure



## Health Services and Keeping Healthy

Thursday 16 January 2020  
10:30 – 12:00  
Waverley School  
105 The Ride, Enfield, EN3 7DL

**This event will help you to understand the different ways in which health services are delivered once your young person becomes 18. Find out about the annual health check, how the Hospital Passport can help to make visits to the hospital run smoothly and what help there is in the community to help young people stay healthy.**

- 
- Find out how young people and their parents/carers can access the Health Drop-ins provided by Health and Adult Social Care
  - Find out the importance of Annual Health Checks, Hospital Passports and Health Action Plans
  - Find out how parents/carers can access training and awareness on relevant health topics
  - Find out about the range of different adult health services that are available
  - Find out about the services of the various health providers and health professionals
  - What opportunities are available to support young people to keep fit and healthy



## Getting a Home

Wednesday 12 February 2020

10:30 – 12:00

Durants School (Minchenden Site)

High Street, Southgate, N14 6BS

**Young people grow up and leave home. This event explores the different options that are available to support your young person to live in their own accommodation with the right level of support to meet their needs.**

- What care and support is available to support young person to live more independently?

- What are the accommodation options for supported/independent living?

- How new technology can help people to live more independently in their own properties

- Find out about Vincent House, our transition flats, which give young people the opportunity to experience living independently and to learn new skills and grow in confidence

- How do we make sure that young people's emotional well-being is considered and that they have social networks and friends

- How we support young people to stay safe



## Annual Moving On Event


Thursday 12 March 2020

10:30 – 13:30

Dugdale Centre

39 London Road, Enfield, EN2 6DS

**This is a great opportunity to have all the professionals and services that are there for your young person in one room. Visit as many as possible, ask lots of questions and hear about the experience of young people who have successfully transitioned into adulthood.**

- 
- Meet a range of providers from colleges, day services, supported living and training providers.

- Hear from young people telling their stories about learning, work and living independently.

- Meet young people who use local services.

- Find out what opportunities exist for young people to be active and make friends as they become adults

- Hear from parents about what it's like when your young person becomes an adult



## Getting a Job

Wednesday 20 May 2020

10:30 – 12:30

Dugdale Centre

39 London Road, Enfield, EN2 6DS

**This event provides you with information about moving to college and/or opportunities for employment. There will be an opportunity to speak individually to colleges, professionals and employment providers about the different pathways. Young People are also welcome to attend this event.**

- Employment for all, raising our expectations

- What help can we get from the careers service?

- The importance of work experience and volunteering

- What vocational courses and study programmes are available from our local colleges? What is the EHCP process for changing educational setting

- Find out about traineeships and apprenticeships

- Who else can help with getting a valued worker role



# Mental Capacity

Tuesday 9th June 2020

10:30 – 12:30

New Options

25 Connop Road, Enfield, EN3 5FB

**The Mental Capacity Act 2005 is for anyone 16 years old or over. It says that people can make decisions about things that affect their lives. This event will help you to understand how it applies to you and your young person, and how you will both be supported to make decisions.**

- Learn how the Mental Capacity Act 2005 applies to young people

- Learn how, and who is able to make decisions for those young people lacking mental capacity

- Learn about the principles of mental capacity assessments

- What is meant by the term “best interest” meeting/decision?

- When are best interest decisions made?

- Can parents continue to still make decisions?





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## Moving On Drop-ins

If you are unable to attend any of our events, or if you still have questions, or need clarification on some things why not come to our “Drop-in” session. You will be able to meet a range of professionals on a one-to-one basis who will be able to help and advise you.

**Thursday 25 June 2020  
14:00 – 19:00**

**St Andrew's Court  
1 – 4 River Front  
Enfield  
EN1 3SY**



# Check List for Moving On

1

- Make sure you attend Transition Reviews held at your young person's School from Year 9 onwards

2

- Check out the Local Offer [www.enfield.gov.uk/SEND](http://www.enfield.gov.uk/SEND) and My Life <https://mylife.enfield.gov.uk/homepage>

3

- Make sure your young person has their Annual Health Check with your GP

4

- Make sure your young person has a health action plan and hospital passport if required

5

- Attend Moving On Events

6

- Ensure you know the names and contact details of people involved in the Moving On arrangements for your young person

7

- Talk to your Adult Social Care Co-ordinator to make sure the Moving On Assessment is completed

8

- Visit any colleges or providers that you think your young person may be interested in attending

9

- Check the EHCP is up-to-date and Adult Care & Support Plan has been agreed

10

- Contact Citizens Advice Enfield to check out Benefit Entitlement <http://citizensadviceenfield.org.uk/>



## For more information or support, you can:

- Speak to your young person's school
- Look at the Local Offer – [www.enfield.gov.uk/SEND](http://www.enfield.gov.uk/SEND)
- Look at Adult Social Care “My Life” – <https://mylife.enfield.gov.uk/homepage>
- Contact the Joint Service for Disabled Children.  
You can email: [cheviots@enfield.gov.uk](mailto:cheviots@enfield.gov.uk) or tel 020 8363 4047
- Contact the Integrated Learning Disability Service.  
You can email: [learning.disabilities@enfield.gov.uk](mailto:learning.disabilities@enfield.gov.uk) or tel 020 8379 5039
- Contact the Single Point of Access for Physical Disability and Sensory Impairment.  
You can email [adultsocialcare@enfield.gov.uk](mailto:adultsocialcare@enfield.gov.uk) or tel 020 8379 1001
- Speak to Jane Richards, Parent/Carer – 07816 070098
- Contact Our Voice Parent Forum.  
You can email [info@ourvoiceenfield.org.uk](mailto:info@ourvoiceenfield.org.uk) or tel 07516 662315



The Community Nursing Team



# NOTES



